



**Redressing the Balance:
The business case for investment in
integrated youth mental health service
provision in Kildare West Wicklow**

October 2020

***Endorsed by Kildare Local Community Development Committee (LCDC)
November 2020***



Contact for this submission:

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INTRODUCTION

Background

Supporting the mental health and wellbeing of our young people has been a stated priority of Kildare Children & Young People's Services Committee (CYPSC) since its inception in 2010.

This specific proposal is the culmination of a process that was initiated in May 2019, following the HSE-convened inter-agency discussion about youth mental health needs in Kildare West Wicklow under Action 3.3.6 (a) from the Connecting for Life Kildare West Wicklow Suicide Prevention Action Plan: *Explore the feasibility of offering an early intervention mental health support service for young people in Kildare West Wicklow*. It reflects the outcome of a series of discussions that took place among the main CYPSC Committee, the Youth Mental Health Working group and other relevant stakeholders, including Wicklow CYPSC.

*Please see *Appendix 1* for membership list for Kildare CYPSC Main Committee & Youth Mental Health Working Group.

Context: COVID-19

This proposal has been finalised during the COVID 19 pandemic. The role of the pandemic in exacerbating the mental health concerns of the population is clearly evidenced in research, as well as in lived experience. Children and young people have been particularly affected, experiencing anxiety, a sense of hopelessness, isolation, loneliness and a lack of motivation (DCYA/spunout.ie, 2020)¹.

Kildare West Wicklow has been disproportionately affected by COVID-19. Co. Kildare has 2585 confirmed cases of COVID 19 (as of 1/10/2019). This is the second highest number in the country after Dublin. Co. Wicklow has 927 confirmed cases. In addition to the national restrictions, Co. Kildare was subject to heightened restrictions due to COVID 19 for a 3-week period in August.

The pandemic has served to highlight the critical importance of working together to overcome our challenges. Now, more than ever, a cohesive integrated response to the needs of our young people is essential.

What do we mean by redressing the balance?

Key Messages

To date, the scale of need in Kildare West Wicklow has not been adequately reflected in resource allocation.

Historic under resourcing needs to be rectified to ensure fairness and equity for young people in Kildare West Wicklow, comparable to their peers in other regions.

The growing demand for mental health supports for young people has not been matched by a parallel growth in service provision.

According to the HSE 2019 Operational Plan for the CHO7 area, which includes Kildare West Wicklow: *Despite significant investment in mental health services in the Area under Programme for Government developments, the gap remains between resourcing of services in CHO7 and comparable*

¹ How's Your Head? Young Voices During COVID 19: Report of a national consultation with young people on mental health and wellbeing (DCYA/spunout.ie, October, 2020).

services nationally. Services generally remain underfunded in comparison with national norms and significant risks remain across the full range of services.

An overreliance on traditional deprivation measures in regional and national resource allocation, without due consideration of baseline service levels and population, has negatively impacted service development in Kildare West Wicklow.

This approach, coupled with exceptional population growth and historically low levels of service, continues to make the task of responding to the mental health needs of our young people extremely challenging.

What is the evidence of need for enhanced resourcing for Kildare West Wicklow?

Key Message

Service investment and development have not kept pace with population growth.

Demographics

Kildare West Wicklow

Census 2016 reveals that the overall population of CHO7 (Dublin South, Kildare and West Wicklow) shows an increase of 5.0% from the previous census of 2011. The population of Dublin South, Kildare and West Wicklow comprises 14.7% of the national population. Residents of Kildare West Wicklow comprise one third of that population, at approximately 233,000 people. (Connecting for Life Kildare West Wicklow, 2018).

Co. Kildare

- With a total population of 222,504 (2016), Co. Kildare has the 5th highest population of all 31 Local Authority areas in the country.
- Over a 20 year period (1996 to 2016) Kildare experienced a 64.8% (+87,512) increase in its population base – the **second highest rate in the State**.
- There are 81,517 young people aged 0-24 in Co. Kildare, making up 36.6% of the population of the county, the **highest rate of young people in the State**. The number of young people under 25 years in Co. Kildare is **higher than the total population** of each of the following counties: Offaly, Cavan, Sligo, Roscommon, Monaghan, Carlow, Longford and Leitrim.

West Wicklow

- Wicklow CYPSC established a specific inter-agency West Wicklow Sub Group in 2015, in recognition of the particular challenges in responding to the needs of young people in the area, including the risk of being overlooked in service planning between counties Kildare and Wicklow.

The Wicklow CYPSC Plan 2020-2022 highlights:

- *There are many challenges relating to the provision of services in the West Wicklow area primarily relating to rural isolation and lack of access/availability to public/private transport.*
- *Other challenges exist for West Wicklow including waiting lists for therapeutic services.*
- A key recommendation identified in 'Somewhere to Go; Someone to Talk to' - A Report on the Outcome of a Consultation with Young People in West Wicklow' (Maynooth University, 2017) is to: *Sustain and build upon the investment in youth services in the West Wicklow region.*

Service Levels

- A report published by the ESRI in July 2019 finds significant inequalities in the supply of primary and community services across counties in Ireland. There is a *great regional inequity in the supply of non-acute services, which cannot be explained on any needs basis.* (ESRI, 2019)².
- Co. Kildare has a lower relative supply (**at least 10 per cent lower than the national average**) for **all 8 non-acute community and primary care services** measured in the study, which includes GPs, Psychologists, Public Health Nurses and Occupational Therapists, amongst others. Co. Wicklow has a lower relative supply in 7 of the 8 services.
- These findings confirm the assertion as to the imbalance in service provision and resource allocation experienced in Kildare West Wicklow.
- The undersupply of key personnel such as GPs, Psychologists and Primary Care Social Workers has a serious impact on service access for young people, both in terms of direct delivery of early intervention and prevention mental health supports and equally important, as the gateway to specialist services .

Service Access

Key message

Young people are experiencing significant difficulty accessing the supports they need, when they need them due to inadequate service levels resulting in long waiting lists and times.

Waiting lists

Primary Care Psychology Service (Dec 2019)

Numbers of children & young people 0-18 years awaiting initial consultation appointment with a Primary Care Psychologist in Kildare

	0-1 month	2-5 months	6-11 months	12-17 months	18 months+
North Kildare: Leixlip/Maynooth/Kilcock/Derrinturn*	27	11	1	19	18
Clane/Kilmeague/Celbridge	14	21	0	0	0
Naas/Kill/Blessington	8	5	0	0	0
Newbridge/Kilcullen	8	29	46	35	11
Athy/Baltinglass *	7	21	33	30	26
Kildare/Monasterevin/Rathangan*	13	13	26	24	5
Total	77	100	106	108	60

*Areas with no Psychology cover as of December 2019

Child and Adolescent Mental Health Service (CAMHS)

In December 2019, there were 144 young people to be seen or waiting to be seen by CAMHS in the CHO7 area which comprises Kildare/West Wicklow and Dublin South.

Of these 144, 65 were waiting to be seen by one of the 4 CAMHS teams serving Kildare. There were 898 referrals to CAMHS in Kildare in 2019, 656 of which were accepted.

² *Geographic profile of healthcare needs and non-acute healthcare supply in Ireland* (ESRI, 2019)

*It is challenging to disaggregate data for West Wicklow as it is included in a broader geographic catchment area.

Kildare Youth Services Counselling Service

- **267 young people** were waiting on the waiting list for Kildare Youth Services Counselling Service in 2019.

Depending on the geographical location and type of intervention, the average wait time for KYS Youth Counselling Service ranged from 3 weeks up to **11.75 months** (2019).

These figures do not provide the full picture of unmet need in Kildare West Wicklow as:

- The service is only available in limited locations. Some people have indicated at the point of enquiry that they cannot access the service in the location in which it is provided, and so don't proceed to making a referral.
- It is known that there are those who do not make contact at all as they are aware of the length of the waiting list in their specific area.

Service Gaps

There are significant gaps in services which means that whether a young person gets the help they need depends on where in the region they happen to live.

Primary Care Psychology

There are currently **no permanent Psychology posts in north Kildare**. There has been intermittent agency coverage, but this has been insufficient to meet need and the inconsistency and turnover of personnel has greatly hindered responsiveness, inter-agency relationship-building, integrated working and forward planning. This is in the context of almost 15,000 13-24 year olds resident in the Maynooth and Celbridge/Leixlip Municipal Districts that make up north Kildare (Census, 2016). The Athy Primary Care Psychology post that serves the Athy, Baltinglass and Dunlavin has been vacant for an extended period.

KYS Youth Counselling Service

There are a significant number of towns with substantial numbers of young people in which **no service** is provided, such as **Kildare Town, Maynooth, Monasterevin, Castledermot, Clane, Prosperous, Sallins and Kilcock**.

There is a limited service provided in Athy, Rathangan, Leixlip, Celbridge and West Wicklow.

Jigsaw

There is currently no Jigsaw Youth Mental Health project in Co. Kildare. The Jigsaw youth mental health service model is focused on prevention and early intervention for young people aged 12-25 years with mild to moderate mental health difficulties. It operates a brief intervention model (typically 6 sessions). In addition to providing 1-2-1 direct supports to young people, Jigsaw delivers mental health capacity-building and community awareness workshops to parents, young people and those who work/volunteer with young people.

One of the key recommendations from the recent independent evaluation of Jigsaw (Community Consultants, 2018)³ is that: *Jigsaw services should be rolled out across the country, prioritising areas with the greatest need and with links to CAMHS and youth services who are willing to participate in developing joint responses.*

³ *Independent Evaluation of Jigsaw Service Model* (Community Consultants, 2018)

While a Jigsaw project is under development in Co. Wicklow, based in Bray, there are challenges anticipated in responding to the needs of young people in West Wicklow. There is commitment from Kildare partners to explore collaboratively with Wicklow Jigsaw how the needs of young people in West Wicklow can best be met.

CAMHS

A *Vision for Change* (2006) recommends the provision of a Community Child and Adolescent Mental Health Team for a population of 50,000. The existing South Kildare/West Wicklow CAMHS Team serves a population of 87,325, covering 2 primary care networks. This wide geographical area contains areas of significant disadvantage. An additional CAMHS team is required to adequately respond to the needs of young people in the Castledermot / Athy / Dunlavin / Baltinglass Primary Care Network.

Need and demand for support

Key messages

The suicide and deliberate self-harm data indicates significant levels of mental distress in Kildare West Wicklow

The mental health needs of young people have been exacerbated by the COVID 19 pandemic and Kildare West Wicklow has been disproportionately affected in terms of numbers of confirmed cases, deaths and heightened restrictions.

Mental Health status

Suicide

In 2019* there were a total of **21 suicides in Co. Kildare** [all ages]. 17 Males and 4 Females. Only 4 counties recorded a higher number: Wexford, Cork City, Tipperary and Limerick County. The **rate of suicide in Kildare has exceeded the national average** for all years from 2011 (based on three year moving averages below).

Three-year moving average rate of suicide per 100,000 population, by county of residence of deceased (2011-2019)*

	2011-2013	2012-2014	2013-2015	2014-2016	2015-2017	2016-2018*	2017-2019*
National	11.5	11	10.1	9.6	8.8	8.1	7.9
Kildare	11.7	11.8	11.1	10.8	9	8.4	8
Wicklow	8.2	7.2	8.5	9.0	9.3	8	8.1

* Figures for 2018 and 2019 are provisional and subject to change

Deliberate Self-Harm

Over the 3 years from 2016 to 2018, **1285** people from Kildare West Wicklow have presented at hospital Emergency Departments due to deliberate self-harm.

In 2014 one third (33%) or one in three of presentations to EDs for self-harm were made by those aged 15-24 years. The percentage of **presentations made by 15-24 year olds has continued to rise** and in 2017, 38% of all presentations were made by this age group.

Presentations for self-harm by residents of KWW by age and gender

		<15yrs	15-19yrs	20-24yrs	25-34yrs	35-44yrs	45-54yrs	55+ yrs	Total	Percentage of presentations made by age 15-24 by gender	Percentage of presentations made by age 15-24
2014	Male	<10	40	27	39	40	25	<20	194	35%	33%
	Female	17	59	47	54	74	48	27	326	33%	
2015	Male	<10	44	34	46	31	23	<15	190	41%	34%
	Female	15	70	29	60	89	44	26	333	30%	
2016	Male	<10	44	38	50	52	<20	<20	224	37%	36%
	Female	27	79	43	45	76	36	31	337	36%	
2017	Male	<10	35	33	60	35	18	<20	200	34%	38%
	Female	14	77	48	43	64	30	34	310	40%	

Critical incidents

The National Educational Psychology Service (NEPS) teams responded to 20 critical incidents in Kildare West Wicklow in the 3 year period 2017, 2018 and 2019. 18 of the critical incidents related to deliberate self-harm and death by suspected suicide.

In addition to the response provided by NEPS directly to schools, the inter-agency Community Response to Death by Suspected Suicide has been activated on several occasions in that period including in north Kildare and West Wicklow.

Service Demand

Crisis Stabilisation Service

The Crisis Stabilisation Service provided by Kildare Youth Services Counselling Service has seen a year-on-year increase in referrals since 2017. (2017 – 41; 2018 – 46; 2019 – 53).

COVID 19

Co. Kildare has 2585 confirmed cases of COVID 19 (as of 1/10/2019). This is the second highest number in the country after Dublin. Co. Wicklow has 927 confirmed cases. Co. Kildare was subject to heightened restrictions due to COVID 19 for a 3-week period in August.

Kildare West Wicklow Integrated Model for Youth Mental Health

Below are the key components of the integrated model of youth mental health provision



Description of Components

Inpatient Care

- Acute service for assessment and treatment of severe and complex mental health needs.
- Current Service Provider: HSE

Specialist Mental Health Care

- Outpatient service for young people with moderate to severe mental health difficulties.
- Current Service provider: HSE CAMHS

Crisis Stabilisation

- 1-2-1 support for young people who present in relation to self-harm and suicidality.
- Skills training with parent and young person
- Current Service provider: Kildare Youth Services Counselling Service

Critical Incident Response

- This is a coordinated inter-agency response at individual and community level following a death by suspected suicide.
- Current Service provider: Kildare Youth Services Counselling Service
- Current Service provider: HSE Primary Care Psychology Service
- Current Service provider: HSE CAMHS

Counselling Support

- 1-2-1 therapeutic support provided for up to 20 sessions for young people with mild to severe mental health needs.
- Current Service provider: Kildare Youth Services Counselling Service

Brief Intervention

- 1-2-1 solution-focused therapeutic support for mild to moderate difficulties.
- Current Service provider: Kildare Youth Services Counselling Service
- Current Service provider: HSE Primary Care Psychology (lifespan)

Group Work

- Group work with young people based on age and presenting issue e.g. anxiety and stress reduction.
- Service provider: Kildare Youth Services Counselling Service
- Service provider: HSE Primary Care Psychology (lifespan)

Parent/Family Support

- This is 1-2-1 and/or group support for parents of young person e.g. parenting courses, parent advice drop-in clinics
- Service provider: Kildare Youth Services Counselling Service
- Service Provider: HSE Primary Care Psychology Service (lifespan)

Information, Awareness & Education

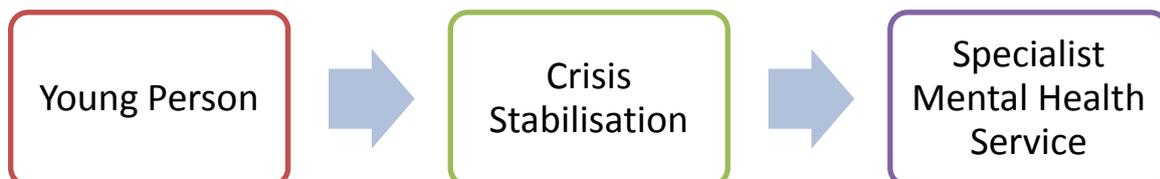
- School and community talks, information stands at events. Online and printed resources.
- Service provider: Kildare Youth Services Counselling Service
- Service Provider: HSE Primary Care Psychology Service (lifespan)

The Integrated Model in Practice

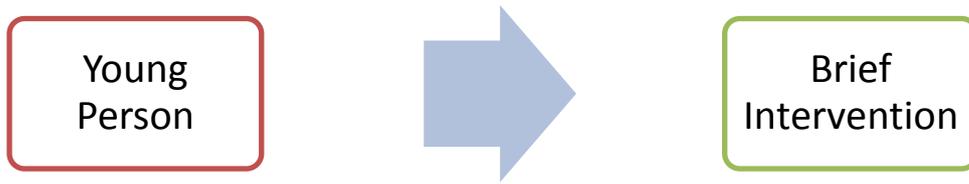
The components of the integrated model are standalone and also form part of a continuum of care for a young person.

The goal of the integrated model is a timely and appropriate response to a young person's need. A young person can enter at any point on the continuum and move through in both directions depending on need at a given time.

Example 1: Following a crisis, a young person accesses Crisis Stabilisation support. Following this support the young person is referred to the specialist mental health service for ongoing support.



Example 2: Young Person accesses Brief Intervention. No further support required on completion of Brief Intervention.



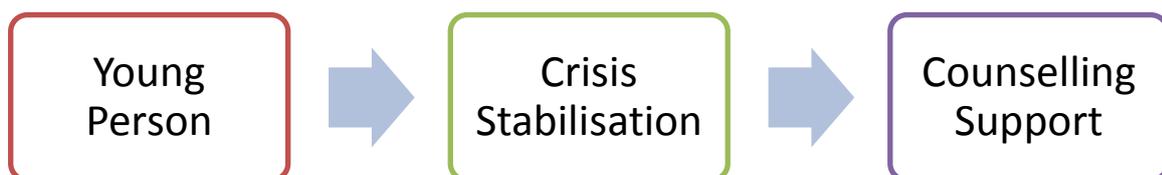
Example 3: Young person has been attending Specialist Mental Health Service and requires step down support on discharge.



Example 4: Young person completes Brief Intervention and further support is required



Example 5: Young person experiences a crisis and requires ongoing support



What is 'the ask'?

As outlined above, there are significant gaps in the existing support structures for young people in Kildare West Wicklow.

The goal is an integrated systems approach to service provision, which works on an inter-agency basis. This approach is based on the principle of "No Wrong Door", with young people being supported to access the most appropriate service when they need it and not turned away due to "ineligibility" without a supported referral to another service.

In order to ensure that young people throughout Kildare West Wicklow have a better opportunity to get the help they need when they need it, we are seeking the following investment in the region*:

**While this investment represents a positive step towards redressing the balance in terms of equitable resourcing for Kildare West Wicklow it is viewed as the beginning of an ongoing response to the current and future mental health needs of our young people. This is about creating a solid platform from which needs can be identified and addressed.*

Primary Care Psychology Service

2 additional permanent Staff Grade Whole Time Equivalent Psychology posts for north Kildare.

This brings the total number of posts in Co. Kildare to 7.

To fill all current vacant Primary Care Psychology posts i.e. Athy and Blessington.

Kildare Youth Services Youth Counselling Service

5.6 WTE Counselling posts
1 WTE Clinical Coordination role
1 WTE Administrative Support role

Investment required: €409, 446

Child and Adolescent Mental Health Service (CAMHS)

1 additional CAMHS team to service the South Kildare/West Wicklow area

Jigsaw Youth Mental Health Project

The establishment of a Jigsaw Youth Mental Health project in Newbridge, with outreach to Athy and north Kildare (Celbridge).

The project will operate a hub and spoke model with the hub based in Newbridge and outreach locations in Athy and Celbridge.

There will be 7 Whole Time Equivalent posts as per the Jigsaw model:

- Operational Manager
- Clinical Manager
- Clinical Support staff (x 3)
- Youth and Community Engagement Officer
- Administrator

As per the national model, this represents an investment of €650,000.

Phased Approach

In recognition of the significance of the investment being sought for Kildare West Wicklow, a phased approach is being proposed.

Phase 1: 2021

A. Resourcing of Jigsaw to provide support to young people via online platforms (telehealth). This engagement will form part of the pre-development for the establishment of a Jigsaw project in Co. Kildare in 2022.

B. Resourcing of the Kildare Youth Services Counselling Service to support young people throughout Co. Kildare and West Wicklow. This will mean support will be available to young people with mild to moderate mental health difficulties throughout the region.

C. The establishment of a WTE Primary Care Psychology post in north Kildare. This will ensure a consistent and quality service for children, young people and families in north Kildare.

Phase 2: 2022

A. The establishment of a Jigsaw project in Co. Kildare. This will provide brief intervention support (up to 6 sessions) for young people with mild to moderate mental health difficulties.

B. The establishment of a CAMHS team for South Kildare/West Wicklow. This will provide a specialist mental health service for children & young people with moderate to severe mental health difficulties

Phase 3: 2023

A. The establishment of a second WTE Primary Care Psychology post in north Kildare. This will ensure a consistent and quality service for children, young people and families in north Kildare.

What are we bringing to the table?

An opportunity for Kildare West Wicklow to realise the vision set out in *Sharing the Vision: Mental Health for Everyone*

The Kildare West Wicklow integrated Model for Youth Mental Health adopts the stepped care approach as outlined in *Sharing the Vision*. *The 'stepped care approach' enables an individual to avail of a range of supports and services as close to home as possible at the level of complexity that corresponds best to their needs and circumstances. This approach focuses on working to shape a continuum of mental health services in which local VCS groups have a recognised role, where primary care supports are closely linked to specialist mental health services and where mental health services across the lifespan are integrated and coordinated.* (p.36).

An opportunity for Kildare West Wicklow to lead the way in joint commissioning of services in response to identified need.

The range of mental health supports provided to young people in Kildare West Wicklow via Kildare Youth Services Youth Counselling Service is 94% funded by Tusla, the Child and Family Agency (€461,168), with 6% (€30,000) from HSE. The Kildare West Wicklow Integrated Youth Mental Health model provides a positive opportunity to build on this joint commissioning relationship to improve outcomes for young people and lead the way on joint commissioning of children and young people's services within CHO7 and nationally.

An opportunity for Kildare West Wicklow to demonstrate the HSE and Tusla Joint Protocol in practice

According to the *Joint Protocol for Interagency Collaboration between the HSE and Tusla to Promote the Best Interests of Children and Families* (2017) 'effective, robust collaboration is essential' (p.6). The Kildare West Wicklow Integrated Model for Youth Mental Health is in keeping with the spirit and principles of the Protocol and provides ample opportunity for collaborative working and co-working at case level in response to children and families 'whose needs cross between health service Divisions and the Child and Family Agency'.

An opportunity for Kildare West Wicklow to pioneer an integrated responsive model to meet young people's mental health needs through genuine partnership with community and statutory agencies.

This is an opportunity for Kildare West Wicklow to demonstrate the value of genuine partnership in creating opportunities for dialogue, identifying shared priorities, agreeing the way forward, achieving tangible results and improving outcomes for young people.

A proven track record in positive inter-agency collaborative working

This is evidenced through the existence of a range of inter-agency structures such as Kildare Children and Young People's Services Committee (CYPSC), Wicklow CYPSC, West Wicklow Inter-Agency Group, Kildare Local Community Development Committee (LCDC), Kildare Multi Agency Adolescent Forum (MAAF) and the Planning Forum.

The collective championing of shared priorities undertaken by these and others has resulted in positive investment and developments for children, young people and families in Co. Kildare such as:

- Family Resource Centres in Athy & Kildare Town
- The Hive Youth hub in Kildare Town
- Youth Officer post
- Youth Employment Programme
- iScoil alternative education projects in Kildare Town & Leixlip
- Heads Up Mental Health & Wellbeing Project
- Strengthening Families Programme
- Parentingsupport.ie website

Strong, flexible and responsive partner organisations with proven capacity to deliver

Kildare Youth Services

Kildare Youth Services has been providing a youth counselling service in Co. Kildare for over 25 years. The therapeutic service was established to provide behavioural, social and emotional support for young people aged 11 to 25 years who are resident or attending school in Co. Kildare through a multi-disciplinary, community-based early intervention approach. The service receives approximately 1300 calls of enquiry annually, which develop into approximately 400 referrals of young people who engage in the service or are awaiting service.

The range of service provided include assessment, brief intervention, general counselling, crisis support, Community critical incident response, parent/family support, group programmes, school workshops and community talks/events.

Jigsaw Youth Mental Health

Jigsaw (originally called Headstrong) was established in 2006 in response to youth mental health need in Ireland. The first Jigsaw service opened in Galway in 2008. By 2018, Jigsaw had 130 staff who deliver services in 13 locations around the country and perform specific roles at national level e.g. Clinical Governance, Programmes, Education, Youth Engagement, Research and ICT. The Jigsaw youth mental health service model is focused on prevention and early intervention aimed at young people (age 12 to 25) with mild to moderate mental health difficulties. Education programmes and information are provided by Jigsaw to schools & other organisations.

Primary Care Psychology

The Primary Care Psychology Service is a core and valued component of the health and wellbeing infrastructure in Kildare West Wicklow. The service offers support to people of all ages – children, young people, adults and older adults with mild to moderate psychological issues. The service operates a stepped care approach, with the intervention provided depending on the level of support needed. The range of supports includes community talks, self-help information, parenting courses, stress control classes, parent advice drop-in clinics and individual therapy. The service also plays a key role in the inter-agency response to critical incidents.

Child and Adolescent Mental Health Service (CAMHS)

CAMHS is a specialist mental health service that provides assessment and treatment for young people up to 18 years of age, and their families. Young people who attend CAMHS experience moderate to severe mental health difficulties. Following assessment, if a young person has a mental health difficulty, an individual care plan is made with them and their family/carer. They are given a 'key worker' to support them during their care and further appointments are planned to help work on mental health difficulties. CAMHS teams use evidence-based approaches to help young people and their families or carers. These can include: talking therapies; speech and language therapy; occupational therapy; medications.

Readiness to progress and demonstrable commitment to positive outcome

The process of identifying the shared ask for Kildare West Wicklow is the culmination of a process that has required significant time, commitment and engagement from all partners involved. This level of preparation means that not only have the approach and priorities been agreed, but there is a readiness to progress the service developments, once the resources are made available.

High standards of Governance and accountability

The partners in the proposal have demonstrated transparency and accountability in term of the management; expenditure and reporting of large scale public funds from a variety of sources. There is a proven track record in relation to efficient use of funds in a way that is responsive to need and maximises the positive impact for young people.

Complementary resourcing and matched funding

The partners are committed to identifying opportunities for matched funding and contribution-in-kind from a range of sources e.g. in relation to premises to house the Jigsaw hub and outreach locations.

What will this investment mean for our young people?

Key message:

More timely access to appropriate supports in response to need.

Access to the necessary supports, irrespective of where in the region they live.

1. Provision of the full range of supports across the continuum of need available to young people throughout Kildare West Wicklow, irrespective of where they live.
2. Greater range of integrated supports available to young people across the continuum of need.
3. Reduced waiting lists and times for services.

What will this investment mean for our service providers?

Key Messages:

Reduced pressure on specialist mental health and acute services.

Clearer pathways for inward and outward referrals.

1. Enhanced opportunities for collaborative working and co-working of cases across the continuum of support.
2. Enhanced integration of community-based services and statutory services working in partnership, with clear referral pathways based on positive inter-agency relationships.
3. Reduced occurrence of ineligible and inappropriate referrals to services.

SUMMARY OF BUDGET REQUEST

Primary Care Psychology Service

- 2 additional permanent Staff Grade Whole Time Equivalent Psychology posts for north Kildare.
- To fill all current vacant Primary Care Psychology posts i.e. Athy and Blessington.
- **Budget: In line with HSE Pay Scales**

Kildare Youth Services Youth Counselling Service

- 5.6 WTE Counselling posts
- 1 WTE Clinical Coordination role
- 1 WTE Administrative Support role
- **Budget: €409,446**

Child and Adolescent Mental Health Service (CAMHS)

- 1 additional CAMHS team to service the South Kildare/West Wicklow area
- **Budget: In line with HSE Pay Scales**

Jigsaw Youth Mental Health Project

The establishment of a Jigsaw Youth Mental Health project in Newbridge, with outreach to Athy and north Kildare (Celbridge).

The project will operate a hub and spoke model with the hub based in Newbridge and outreach locations in Athy and Celbridge.

There will be 7 Whole Time Equivalent posts as per the Jigsaw model:

- Operational Manager
- Clinical Manager
- Clinical Support staff (x 3)
- Youth and Community Engagement Officer
- Administrator
- **Budget: €650,000**

Appendix 1

Members of Kildare Children & Young People's Services Committee (October 2020)

Organisation	Member	Role
Co. Kildare LEADER Partnership	Pat Leogue	General and Social Inclusion Manager
Department of Employment Affairs and Social Protection	Sinéad Goodwin	Area Manager Kildare
Family Resource Centres	Angela Morrissey Kenny	Manager, Curragh Family Resource Centre
Garda Síochána	Brian Cagney	Garda
HSE	Geraldine Peelo	Manager Primary Care
	Adrienne Devlin	Project Lead Assessment of Need
	Shaista Zaidi	OT Manager, CAMHS
Irish Primary Principals Network	Marion Sherlock	Principal
Kildare and Wicklow Education and Training Board	Lorraine Flynn	Youth Officer
Kildare County Childcare Committee	Julie McNamara	Chief Executive Officer
Kildare County Council	Sonya Kavanagh (Vice Chair)	Director of Service
Kildare Youth Services	Tom Dunne	CEO
Maynooth University	Catriona O'Toole	Lecturer in Psychology of Education and Course Leader of the Masters in Education (M.Ed.)
National Educational Psychological Service	Annette Corkery/Brenda Hughes	Senior Educational Psychologist
Probation Service	Deirdre Matthews	Senior Probation Officer
South West Regional Drugs and Alcohol Task Force	Lisa Baggott	Coordinator
Teach Tearmainn	Lorraine Rowan	Manager
Tusla, Child and Family Agency	Audrey Warren (Chair)	Area Manager

	Caroline Sheehan	Senior Manager, Prevention Partnership & Family Support
Tusla, Educational Welfare Service	Amanda Cullen	Senior Education Welfare Officer

Members of the Youth Mental Health Working Group

Organisation	Member	Role
Co. Kildare LEADER Partnership	Pat Leogue	General and Social Inclusion Manager
Family Resource Centres	Angela Morrissey Kenny	Manager, Curragh Family Resource Centre
HSE	Anne Flanagan	Health and Wellbeing
	Hester O'Connor	Primary Care Psychology Manager
	Niamh Crudden	Resource Officer for Suicide Prevention
Kildare and Wicklow Education and Training Board	Lorraine Flynn	Youth Officer
Kildare County Council/Kildare LCDC	Susan Bookle	LCDC Coordinator
Kildare Youth Services	Tom Dunne	CEO
	Lorraine Shortt	Counselling Coordinator
Maynooth University	Marianne Dunne	Director of Student Services
National Educational Psychological Service	Brenda Hughes	Senior Educational Psychologist
Tusla, Child and Family Agency	Audrey Warren	Area Manager